

Sexual Health Training: Spring 2011

Course Code	Course Title	Course Dates	Course Fee
SH140899	<p>Starting Out: Young People and Sexual Health Basic Overview of young people's sexual health and their rights.</p> <p><u>Learning Outcomes</u> By the end of the course, participants should be able to:</p> <ul style="list-style-type: none"> • Identify key issues relating to young people's sexual ill-health • Understand vital components of good sexual health for young people • Be confident in referring young people to national and local health and support services • Access local sexual health information and resources • Understand the application of Fraser Guidelines in youth settings • Explain a young person's right to confidentiality <p>Who should attend? Youth workers or those interested in sexual health Tutor: Chris Simmons, Sexual Health Promotion Practitioner</p>	07/06/2011 9:30 – 1pm	Free
SH140800	<p>Condoms and Contraception The ins and outs of condoms and contraception</p> <p><u>Learning Outcomes</u> By the end of this course, participants should be able to:</p> <ul style="list-style-type: none"> • Demonstrate the application and use of both male and female condoms effectively • Discuss and identify strategies for overcoming barriers to condom use with their clients • Become familiar with local good practice guidance on issuing contraception • Be clear about how to access contraception through Africa Health Org • Describe significant STIs, their symptoms, effects and treatments • Signpost their clients, patients, customers, pupils, peers or students to appropriate testing, treatment and support services. <p>Who should attend? Health workers or those interested in sexual health Tutor: Chris Simmons, Sexual Health Promotion Practitioner</p>	14/06/2011 9:30 – 1pm	Free
SH140801	<p>Sexually Transmitted Infections (STIs) The ins and outs of sexually transmitted infections</p> <p><u>Learning Outcomes</u> By the end of this course, participants should be able to:</p> <ul style="list-style-type: none"> • Become familiar with local initiatives on STI prevention in teens • Describe significant STIs, their symptoms, effects and treatments • Raise awareness around the prevention of STIs practically • Signpost their clients, patients, customers, pupils, peers or students to appropriate testing, treatment and support services. <p>Who should attend? Health workers or those interested in sexual health Tutor: Chris Simmons, Sexual Health Promotion Practitioner, NHS Norfolk</p>	21/06/2011 9:30 – 1pm	Free

SH140802	<p>HIV An introduction to HIV and AIDS</p> <p>Learning Outcomes By the end of this course, participants should be able to:</p> <ul style="list-style-type: none"> • Explain the difference between HIV and AIDS • Identify the main routes of transmission and relevant body fluids • Identify risky behaviours for HIV • Discuss the social context and impact of HIV and AIDS <p>Who should attend? HIV/AIDS workers or those interested in sexual health Tutor: Chris Simmons, Sexual Health Promotion Practitioner</p>	28/06/2011 9:30 – 1pm	Free
SH140803	<p>Sexual Health in African Context To enable participants to enhance their knowledge of Africans' perspective of sexual health and how they deal with it.</p> <p><u>Learning Outcomes</u> Course participants will:</p> <ul style="list-style-type: none"> • Gain an insight into the ways in which Africans perceive sexual health and how this impacts on and influences the behaviour and life choices of young people • Enhance their confidence and skills in working with African community in promoting sexual health • Have an opportunity to identify ways of developing work with African community in their own practice <p>Who should attend: anyone interested in African perception of sexual health Tutor: Graciano Masauso, Sexual Health Trainer, Africa Health Organisation</p>	14/06/2011 2pm – 5pm	Free
SH140804	<p>Teenage Pregnancy This one day course aims to enable practitioners to support young people in preventing teenage pregnancies and protecting their sexual health.</p> <p><u>Learning outcomes:</u></p> <ul style="list-style-type: none"> • Recognise the factors that lead to teenage pregnancies and second unplanned pregnancies. • Identify opportunities within practice to promote sexual health. • Discuss with young people the pros and cons of appropriate methods of contraception. • Assist young people in making informed choices and securing further contraceptive services. • Demonstrate a non-judgemental and inclusive approach in work. <p>Who should attend: Anyone with interest in teenage pregnancy Tutor: Graciano Masauso, Sexual Health Trainer, Africa Health Organisation</p>	28/06/2011 2pm – 5pm	Free

Venue is at our offices unless otherwise stated.

To book a place, please email booking form to: training@aho.org.uk

